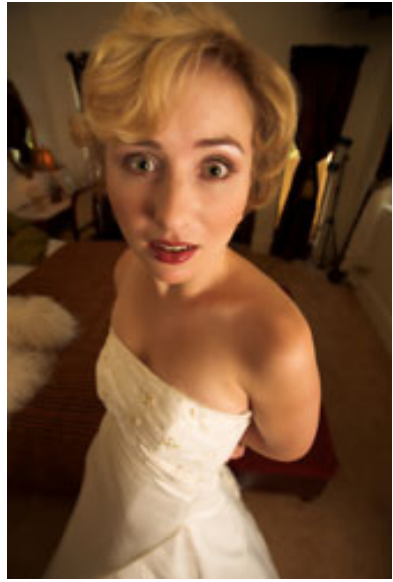


Bridal SURVIVAL Fit Camp®

Get Wedding Ready Today!

Bridal Survival Fit Camp® is personal training for brides, and her party, who are looking to get into tip top wedding shape - **FAST!**

You'll have 2 training sessions a week for 8 weeks, in a small group setting, with your very own personal trainer!



Plus, every **Bridal Survival Fit Camp** recruit receives a **free 2 month gym membership!**

Add in a bunch of our fantastic, **free group classes**, like Butts & Gutts and Sport Yoga, and you'll be well on your way to achieving that lean, toned, bridal bod before you can say, I do!

Don't wait another minute - sign up today!

8 Weeks, \$350.00

* See gym for details. Meets Tues & Thurs @ 7pm-8pm. Begins 7/7/08.

TOTAL PERFORMANCE SPORTS
Gym & Athletic Center
11 Victoria Street Everett, MA 02149
617-387-5998
www.TOTALPERFORMANCESPORTS.com
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